



## ThreeLac

For over a decade this superior product has provided selected beneficial microflora to the intestinal tract for the purpose of helping reduce fungal and yeast overgrowth and replenishing needed friendly flora to promote intestinal health.

Packaged in individual sachets with a pleasant lemon taste, ThreeLac fits conveniently into your active lifestyle.

ThreeLac is a powerful probiotic formulation of three potent microflora in a lemon-powder base. Each packet contains over 1.5 billion live bacteria.

## SALIVA TEST

When you awake in the morning, before you put anything into your mouth, work up some saliva and deposit it into a clear glass of water. After about 15 to 30 minutes, look through the side of the glass. If there are strings coming down from your saliva, or if the water turned cloudy, or if your saliva sank to the bottom...

**YOU MAY HAVE A YEAST OR FUNGAL CONCERN!**



## Factors to Yeast Overgrowth

Yeast feeds on glucose, so anything that increases your blood sugar or changes the hormonal balance that regulates blood sugar can help yeast to grow out of control.

These conditions include, among others:

- Diabetes
- Pregnancy, especially in the third trimester
- Birth control pills
- Steroids (legal and illicit ones)
- Antibiotics

[www.candidahelp.nl](http://www.candidahelp.nl)

## Benefits of Ideal Intestinal MicroFlora

Friendly flora perform a number of constructive functions in the intestinal tract. One main function is to help reduce occasional yeast and fungal overgrowths. The flora do this by crowding out these organisms in the intestinal tract and by stimulating the production of immune-protective cells. Some common indicators of the presence of overgrowth may be:

- Melancholy
- Anxiety
- Irritability
- Heartburn
- Indigestion
- Lethargy
- Extreme food and environmental allergies
- Lactose intolerance
- Acne
- Dry skin
- Itching
- Jock itch
- Vaginal Yeast Overgrowth

## Structural Science of ThreeLac



"Probiotics provide an extra layer of strength and they play the role of soldiers in your intestinal tract to combat pathogens that may be there."

Dr. Mary Ellen Sanders,

A leading expert on probiotics  
at California Polytechnic State University

## The Probiotic Solution

Recent controlled scientific investigation suggests that probiotics are a valuable part of a healthy diet. In addition, probiotics may play an important role in sustaining overall intestinal health.

The prevalence of yeast overgrowth makes a focus on probiotics essential. Some overgrowth, once thought self-limiting or readily treatable with antibiotics, are now recognized as more serious health threats.

Prevention of overgrowth before it occurs is clearly the better alternative. Probiotics may be a safe, cost-effective, "natural" approach that may help act as a barrier against microbial infection such as yeast overgrowth.

Start Living Today Without  
Overgrowth **Order Today!**

## ThreeLac Active Ingredients

**Bacillus coagulans:** A probiotic organism that may help control lactose intolerance, digestion problems, stomach conditions, and help control normal levels of cholesterol. It also may enhance the immune response and inhibit bacterial pathogens.

**Bacillus subtilis:** A probiotic organism that combats harmful microorganisms in the human body, particularly pathogenic bacteria that cause dysentery.

**Enterococcus faecalis:** The Enterococci constitute a major genus within the lactic acid bacteria group. This effective strain of probiotic bacteria is the result of formulation under strict laboratory conditions coupled with 7 years of research and development.

### Supplement Facts

Serving Size: 1 Packet (1500 mg)  
Servings Per Container: 60

	Amount Per Serving	% DV
Calories	6	
Total Carbohydrate	1 g	<1%
Sugars	1 g	†
Vitamin C (as ascorbic acid)	75 mg	125%
Vitamin B6 (as pyridoxine)	.4 mg	20%
Vitamin B1 (as thiamine)	.4 mg	28%
Vitamin B2 (as riboflavin)	.4 mg	25%

†Percent Daily Value (DV) not established.

For More Information  
Contact Your Distributor:

Your GHT Distributor is:

[www.candidahelp.nl](http://www.candidahelp.nl)

For all other inquiries call: 1-800-305-5710  
or Visit

[http://www.ghtdirect.com/threelac\\_main.aspx?ID=ilojem](http://www.ghtdirect.com/threelac_main.aspx?ID=ilojem)



# ThreeLac™

**70%** of the population  
doesn't realize they have a  
yeast overgrowth problem



**The Probiotic  
That is Right on Target**

The Ultimate Defense  
Against Occasional  
Yeast & Fungus Overgrowth

Innovative Nutritional Solutions for Optimal Health & Lifestyles